



Widows/Widowers Grief Recovery

2022 Schedule

Fridays, 1:00 – 3:30 p.m.

January 14 – March 25, 2022

FIRST PRESBYTERIAN CHURCH OF SAN LEANDRO

180 Estudillo Ave, San Leandro

CONTACT: MERRILEE MITCHELL 510-482-5296

merrileehm@sbcglobal.net

Sundays, 1:00 – 3:30 p.m.

January 16 – March 27, 2022

FIRST PRESBYTERIAN CHURCH OF BERKELEY

2407 Dana Street, Berkeley

CONTACT: MERRILEE MITCHELL 510-482-5296

merrileehm@sbcglobal.net

Mondays, 6:30 – 8:30 p.m.

January 17 – March 21, 2022

VALLEY COMMUNITY CHURCH

4455 Del Valle Pkwy, Pleasanton

CONTACT: KRISTI MAY 925-413-2270

lihusted@sbcglobal.net

Dates & times yet to be determined

2022

LAFAYETTE-ORINDA PRESBYTERIAN CHURCH

49 Knox Drive, Lafayette

CONTACT: BEV FELLOWS 925-949-7628

beverlyfellows@comcast.net

Have you (or someone you know) experienced the death of a spouse recently or within the last few years? Sharing our experiences during this 10-week class is extremely helpful to our healing process. Find hope, support and successful ways to process this significant life event. Course is open to all Widows and Widowers. Enrollments are now being accepted. Pre-Registration is required. The workbook is \$20. Please call the contact above if you would like to attend or learn more about the group.

While these groups are currently planned to be in-person with all the required COVID precautions, please be prepared for them to change to Zoom.